



Abertillery & Llanhilleth Community Council

ABERTILLERY & LLANHILLETH COMMUNITY COUNCIL: **LONELINESS PROJECT APPLICATION 24/25**

About the Project:

The pandemic not only caused but has also highlighted the dire need to combat isolation in our communities.

The pandemic has left many with anxiety about mixing and many people are still afraid to go out and about. Many have lost the opportunity to connect with people and others. Post pandemic many have observed the massive need and focus on mental health and well-being, and combatting isolation in it's many forms.

The People and Communities Committee at ALCC have set up the loneliness project in response to this.


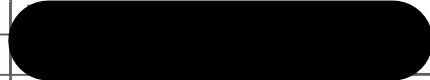


The aim of the project is to provide and facilitate resources and opportunity for community groups, religious organisations and businesses alike; who wish to collaborate towards the common goal of combating the detrimental effects of loneliness and isolation suffered throughout our communities.

This application is for local businesses and other groups/organisations who are keen to give back and support their communities; assist and facilitate community based activities and projects; enabling those effected to have more active roles in their communities and participate in society with their peers.

Whilst we want to support activities which bring people together face-to face in a safe and secure way, funding can also be used to support online activities where this is the most appropriate or only way to build social connections e.g. where access to a venue is difficult or for those not quite ready to meet people face-to-face.

Project participants will be expected to report back to ALCC how the funding is spent and how many it has or will benefit in the community.

Please ensure you complete the application form in full and make sure we have all your details.
 Please attach a brief cover letter explaining about the work your organisation does or is proposing to do.

Name of Applicant:	Lynne Pratten
Name of Organisation:	The Mitre Community Interest Group
Name of Project (if different to above)	
Geographical area of project (please give details of the area it will cover i.e. county, town, community)	Town / Community
	Abertillery, Blaenau Gwent
Name of Main Contact:	Lynne Pratten
Address:	 Abertillery
Post Code	
Email:	
Daytime Telephone Number:	

Type of Organisation (please tick):

Constituted Group	Date Established;	
Registered Charity	Date Established;	Charity No:
Community Interest Company	Date Established; 05/09/24	CIC No: 15935872
Company Limited by Guarantee	Date Established;	Company No:

Grants are usually paid by cheque (please provide your organisations name as it appears on the account)

Account Name:	The Mitre Music Venue CIC
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APPLICATION DETAIL

Tell us briefly what work you are currently undertaking or proposing, to support people in your area who are impacted by loneliness and isolation. How many do you think will be impacted by this project?

We want the venue to be a hub for people in the community to meet. We aim to help reduce loneliness and isolation with this provision. We want to encourage people to feel able to attend the venue on their own, to meet others and extend their opportunities which should have a positive impact especially for people who suffer with their mental health. We want to create a warm, safe and welcoming space for people to spend quality time away from their homes.

We will be facilitating classes and groups such as art and music classes and any other classes/ activities that people in the community wish to arrange

Another aim in combatting loneliness is to provide volunteering opportunities for people. This could be helping to facilitate clubs/ classes, working behind the bar, other duties as we develop the venue. This will also be helpful for people who are looking to get back into work.

The space will evolve over time as we develop it as a community hub.

It is difficult to gauge how many people will use the venue, but we are hoping that it will be utilised by many individuals and groups within the area.

How is this grant going to create, maintain or increase these activities?

The grant will assist us to kit out the room upstairs for community use, which will help us to encourage people from the community to use the space.

It will help us to purchase supplies for the art classes.

We would also like to purchase some board games and jigsaws that people can access if they want to drop in and spend time in the space.

We have put an iPad on the list as this would be useful for people who may not have access to a digital device and could also be used by people if they are looking for work, looking for courses and so forth. Some people may find a library too formal a space and the space we are creating will have a more informal feel which will hopefully allow people to feel confident to visit.

We can also buy equipment and supplies for making refreshments and some furnishings for the room upstairs to make it a useful and welcoming space.

Who is the main focus of your activity (i.e. older people, families in need, carers)?

We would like to attract people from all ages and groups within the locality to use the space. We want to create a comfortable and inclusive space, where people feel confident to attend without pressure or fear of feeling judged. We would particularly like to help people who feel marginalised for any reason. It would also be great for different generations to use the space together.

Do you have necessary insurances in place to ensure the safety of your volunteers?

Insured with Bionic Financial Services

Financial Details:

Please give a breakdown of the items/costs/materials you are applying for funding for:
(can be continued on another sheet if needed)


Hot water urn (amazon)	£ 74.99
24 pack mugs (amazon)	£37.99
Tea spoons 12 (amazon)	£ 3.59
Coffee x 4 (Tesco)	£9.00
Tea bags 600 (Tesco)	£11.50
Sugar 2kg (Tesco)	£2.15
Tea/coffee/sugar storage jars (Amazon)	£11.99
Milk sachets x 110 (Amazon)	£8.49
Pencils x 30	£55.50
Masking tape x 3	£14.85
Easels x 3	£144
Charcoal x 5 boxes	£34.75
Rubbers x 4	£7.80
Fixative Spray x 3	£26.85
A3 paper x 500	£66.60
Drawing boards x 10	£69.99
Halogen Heaters x 2	£45.98
Pillows x 6	£ 60
Draperies (price varies on fabric)	Approx £50
Rug	£ 10 - £50
Spot light	69.99

Broom	£8.00
2 tables 70 x 110 x 75 Amazon	£152
Maxi bean bag x 2 (amazon)	£79.98
Coffee Table (Amazon)	£ 49.99
Microwave (Argos)	£55.00
Board games for adults/ teens – scrabble 22.49, Articulate 17.99, trivial pursuit £18.99	£59.47
Board games for children – ludo £7.99, 4 in a row £8.99, Jenga 9.90, Articulate for kids £19.97	£38.77
Jigsaws 1000 piece puzzle £18.99 (Amazon) x 2	£37.98
Apple 10.9 ipad -64 GB (Curries)	£329
Filter coffee machine (Amazon)	£44.99
Total grant amount being requested:	1,711.19

You will be expected to be able to evidence costs itemised above (e.g. material costs, quotations, invoice, on line quotation).

You may also be asked to complete a brief monitoring reports and be able to provide evidence of the expenditure of the grant for the purposes applied for (e.g. receipts, bank statement, paid invoice)

SIGNATURES (you can do this electronically)

Applicant (authorised to make the application on behalf of the organisation)		Date
Name (printed)	Lynne Pratten	23/10/24
Signature		23/10/24

Once completed, please return this either via email to either email addresses below with subject title “Loneliness Project” to:

clerk@abertilleryandllanhilleth-wcc.gov.uk

joshua.rawcliffe@abertilleryandllanhilleth-wcc.gov.uk

Paper copy applications can be returned to:

Council Offices, Mitre Street, Abertillery, Blaenau Gwent, NP13 1AE

