

Introduction

Off The Streets has undertaken this research in order to understand the perceived changes made to children and young people's overall mental and physical health and wellbeing, their skills and abilities, as well as the opportunities to engage safely in their communities.

In order to undertake this research, twenty-four children and young people from each of our three working areas participated in one-to-one and group sessions in order to provide their feedback. In total seventy-two children and young people aged 6-15 years From the areas of Swffryd, Llanhilleth and Brynithel participated in completing the questionnaires. Questionnaires were undertaken over three calendar weeks, starting on 27TH August 2024 and ending on 16TH September 2024. All questionnaires were undertaken during Off The Streets weekly sessions and all children and young people surveyed are in receipt of parental/carer consent to participate in Off The Streets projects, sessions and activities, including questionnaires and other feedback gathering methods.

The questionnaire itself consists of seventeen questions, all of which relate to Off The Streets Key Indicators. Through using these Key Indicators we hope to understand any impact that our work has on children and young people who have engaged with Off The Streets services, specifically in this instance, for at least one year or more.

Children and young people were supported by Off The Streets staff in order to complete the questionnaires. Where necessary, staff explained the questions more thoroughly and gave examples that were relevant to the children and young people.

Comments made by children and young people have been spell checked and input in correct format for clarity and easier readability.

All children and young people remain anonymous, each numbered one through to twelve for both age categories and throughout all three working areas.

As an organisation, Off The Streets is very pleased with the findings of this questionnaire. Many questions received resoundingly positive responses and we feel that the impact of our work is truly shown through these results.

The questionnaire's responses have given the organisation further insight into how our children and young people feel about our service, and has given us further knowledge of what resources, sessions and activities could support them further.



1) Children and Young People are engaged in their personal Mental & Physical Health & Wellbeing

1.1 Before attending Off The Streets I understood what wellbeing was and why it was important for my mental and physical health

Number of Participant Answers	I knew lots	I knew some things	I didn't know anything	
Allaweia				
SWFFRYD	TOTAL PARTICIPANTS - 24			
6-10 Years	1	2	9	
11+ Years	2	3	7	
Male	1	1	11	
Female	2	4	5	
LLANHILLETH	TOTAL PAR	RTICIPANTS - 24		
6-10 Years	0	3	9	
11+ Years	3	4	5	
Male	0	2	8	
Female	3	5	4	
BRYNITHEL	TOTAL PAR	RTICIPANTS - 24		
6-10 Years	2	4	8	
11+ Years	1	5	6	
Male	1 3 8		8	
Female	2	6	6	

Notable Themes (derived from comments made during questionnaire) -

Few participants were aware of the meaning or importance of personal wellbeing before attending Off The Streets sessions.

Children and young people that did have lots/some understanding of wellbeing noted that they had learnt information from school.

Swffryd Child #11 - "School taught me about eating 5 fruit and vegetables a day"



Llanhilleth Young Person #12 - "We did PSE (personal social education) in school but I found it boring"

1.2 Since attending Off The Streets I feel that I understand what wellbeing is and how important it is for my mental and physical health

Number of Participant	I know lots	I know some things	I don't know anything
Answers			
SWFFRYD	TOTAL PARTICIPANTS - 24		
6-10 Years	7	4	1
11+ Years	9	3	0
Male	8	2	1
Female	8	5	0
LLANHILLETH	TOTAL PARTICIPANTS - 24		
6-10 Years	7	3	2
11+ Years	10	1	1
Male	8	2	3
Female	9	2	0
BRYNITHEL	TOTAL PAR	RTICIPANTS - 24	
6-10 Years	5	6	1
11+ Years	7	4	0
Male	4	7	1
Female	8	3	0

Notable Themes (derived from comments made during questionnaire) -

A large number of children and young people now feel that they have more understanding of wellbeing and its importance.



Some children and young people stated that they now understand wellbeing better due to attending Off The Streets. They commented how we provide fruit and water, and do lots of sports, these factors then supporting and encouraging their health and wellbeing.

Llanhilleth Child #6 - "Off The Streets gives us fruit and health snacks and I know it's because it's for us to be healthier"

Brynithel Young Person #4 - "We do lots of sports, I probably move about in Off The Streets more than I do anywhere else"

1.3 Before attending Off The Streets my wellbeing was

Number of Participant Answers	Terrible	Okay	Great	
SWFFRYD	TOTAL PA	TOTAL PARTICIPANTS - 24		
6-10 Years	4	5	3	
11+ Years	6	3	3	
Male	7	4	1	
Female	3	4	4	
LLANHILLETH	TOTAL PARTICIPANTS - 24			
6-10 Years	3	7	2	
11+ Years	5	6	1	
Male	6	8	0	
Female	2	5	3	
BRYNITHEL	TOTAL PARTICIPANTS - 24			
6-10 Years	2	8	2	
11+ Years	3	8	1	
Male	4	7	0	
Female	1	9	3	



Notable Themes (derived from comments made during questionnaire) -

Children and young people who chose 'Terrible' as their response noted that before attending Off The Streets they felt 'anxious', 'bored' and 'alone'.

Brynithel Young Person #2 - "I felt alone before I came to Off The Streets" Swffryd Child #12 - "I didn't really feel good about myself"

Llanhilleth Young Person #6 - "I was always bored and it made me overthink and be anxious"

1.4 Since attending Off The Streets my wellbeing is

Number of Participant Answers	Terrible	Okay	Great	
SWFFRYD	TOTAL PA	TOTAL PARTICIPANTS - 24		
6-10 Years	0	7	5	
11+ Years	2	6	4	
Male	2	8	2	
Female	0	5	7	
LLANHILLETH	TOTAL PARTICIPANTS - 24			
6-10 Years	0	3	9	
11+ Years	1	7	4	
Male	1	6	5	
Female	0	4	8	
BRYNITHEL	TOTAL PARTICIPANTS - 24			
6-10 Years	О	6	6	
11+ Years	0	7	5	
Male	0	8	4	
Female	0	5	7	



Notable Themes (derived from comments made during questionnaire) -

The majority of children and young people feel that their wellbeing is now 'great' since attending Off The Streets sessions.

Some comments made by children and young people who stated 'Great' as their response made comments of feeling healthier and happier.

Notably, three "Terrible" responses were received from three or our male teenage participants. Each of these young males are having individual experiences varying from issues with schooling to upheaval within their home lives. Off The Streets has been supporting these young people, and will continue to do so.

Llanhilleth Child #1 - "I have lots of fun with my friends and we get to play together and we're safe when we have fun"

Brynithel Young Person #2 - "Before coming to Off The Streets I just used to sit in my bedroom in the dark, now I've got loads to do and the staff are good to me, they make sure I'm safe and talk to me about my problems"

1.5 I feel that Off The Streets supports me to have great mental and physical health & wellbeing

Number of Participant Answers	Yes	No
SWFFRYD	TOTAL PARTICIPANTS - 24	
6-10 Years	12	0
11+ Years	12	0
Male	12	0
Female	12	0
	TOTAL PARTICIPANTS - 24	
LLANHILLETH	TOTAL PARTI	CIPANTS - 24
LLANHILLETH 6-10 Years	TOTAL PARTI	CIPANTS - 24
6-10 Years	12	0
6-10 Years 11+ Years	12	0
6-10 Years 11+ Years Male	12 12 12	0 0 0 0



11+ Years	12	0
Male	12	0
Female	12	0

Notable Themes (derived from comments made during questionnaire) -

Most notably, the questionnaire received a resounding 'Yes' response from all participants. As an organisation we are astounded by this response and really feel that our work has made an impact on these children and young people's lives.

Swffryd Young Person #9 - "The staff look out for us and make sure we get food and drinks"

Llanhilleth Child #1 - "I love the staff, they make me feel happy and help me to have fun"

2) Children & Young People feel safe in their community and understand where and how to access support

2.1 Before attending Off The Streets I felt able to access support in my community, or in different ways that could help me

Number of Participant Answers	I knew how	I didn't know how
SWFFRYD	TOTAL PARTICIPANTS - 24	
6-10 Years	3	9
11+ Years	4	8
Male	2	10
Female	5	7
LLANHILLETH	TOTAL PAR	TICIPANTS - 24
6-10 Years	6	6
11+ Years	5	7
Male	4	8



Female	7	5
BRYNITHEL	TOTAL PARTICIPANTS - 24	
6-10 Years	2	10
11+ Years	1	11
Male	2	13
Female	1	8

Notable Themes (derived from comments made during questionnaire) -

A very large portion of respondents felt unable to access support within their communities before engaging in Off The Streets services.

Some children from Llanhilleth commented that they felt they could access support at Clwb Llan.

Some young people commented that their support options were family, friends or school. **Swffryd Child #5 - "My mam helped me if I feel sad or worried"**

Brynithel Young Person #2 - "I had no one to help me other than my mam, we felt stuck"

2.2 Since attending Off The Streets I feel able to access support in my community, or in different ways that will help me

Number of Participant	I know how	I don't know how
Answers		
SWFFRYD	TOTAL PARTICIPANTS - 24	
6-10 Years	11	1
11+ Years	12	0
Male	11	1
Female	12	0
LLANHILLETH	TOTAL PARTICIPANTS - 24	
6-10 Years	9 3	



11+ Years	12	0
Male	9	3
Female	12	0
BRYNITHEL	TOTAL PARTICIPANTS - 24	
6-10 Years	9	3
11+ Years	10	2
Male	9	3
Female	10	2

Notable Themes (derived from comments made during questionnaire) -

Some children and young people still feel that there is not enough in their community, even with Off The Streets services. These children and young people were aware of Off The Strests ability to support them, and are aware of different services, but still feel that they are isolated in Brynithel.

Brynithel Young Person #2 - "I've been accused of doing things I haven't done and the police only ever come to give us a row"

Brynithel Young Person #7 - "It's hard up here because we're like in the middle of nowhere"

Brynithel Young Person #9 - "Alana took me to young carers in Blaina because I couldn't get there"

Comments made were positive regarding Off The Streets input within our three working areas, children and young people commented how they can approach staff if they're worried or have an issue.

Llanhilleth Child #11 - "All the staff help me and I go to them if I got a problem" Swffryd Child #12 - "The staff helped me to find a new football club"

Brynithel Child #3 - "I feel safe at Off The Streets and the staff helped me and my mam and my sister"

2.3 Before attending Off The Streets I felt heard and respected within my community

Number of Participant	l didn't	I kind of did	I did	
Answers				
SWFFRYD	TOTAL PARTICIPANTS - 24			



6-10 Years	7	3	2
11+ Years	9	3	0
Male	10	2	0
Female	6	4	2
LLANHILLETH	TOTAL PARTICIPANTS - 24		24
6-10 Years	2	3	7
11+ Years	5	7	0
Male	4	6	3
Female	3	4	4
BRYNITHEL	TOTAL PARTICIPANTS - 24		24
6-10 Years	5	4	3
11+ Years	7	3	2
Male	9	2	1
Female	3	5	4

Notable Themes (derived from comments made during questionnaire) -

Responses for this question were fairly mixed.

Children in Llanhilleth mostly felt respected, they commented that Clwb Llan helped with their feelings of safety and respect. Young people in Llanhilleth didn't feel the same, their responses were that they knew lots of community members and sometimes felt safe, but the community didn't feel 'child/young person "friendly" to them.

Most children and young people commented that they didn't feel that their communities served them very well, that there was little to nothing aimed at them within their areas.

Swffryd Child #1 - "Our park is rubbish and there was nothing to do"

Swffryd Young Person #8 - "There's a pub and bingo and that for the adults but there was nothing for us"

Llanhilleth Child #10 - "I know lots of my mams friends so they make sure I'm okay if I'm out in the lanes"

Llanhilleth Young Person #12 - "There was nothing to do for us kids, there was some stuff for my little sister but nothing for me and my friends"



Brynithel Child #5 - "I didn't have anything to do, I don't think Brynithel had anything for children"

Brynithel Young Person #7 - "Bryn was s#%! There's nothing to do and nowhere to go, us lot used to have to go to Llan and that"

2.4 Since attending Off The Streets I feel more heard and respected within my community, and at Off The Streets

Number of Participant	I don't	I kind of do	I do
Answers			
SWFFRYD	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	2	4	6
11+ Years	1	7	4
Male	2	5	5
Female	1	6	5
LLANHILLETH	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	1	2	9
11+ Years	4	3	5
Male	3	4	5
Female	2	1	9
BRYNITHEL	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	0	6	6
11+ Years	1	7	4
Male	1	9	2
Female	0	4	8

Notable Themes (derived from comments made during questionnaire) -



Notably there were a few older males in Llanhilleth that felt that they aren't more heard and respected. As mentioned in another section, these young males are receiving support from Off The Streets due to ongoing issues within their day-to-day lives. We plan to come supporting these individuals in order to enhance their feeling of belonging and to their community. We also aim to facilitate work with our participants, as a whole, to understand what can be done to make them feel more respected and understood in their communities. Llanhilleth Young Person #5 - "Llan does my head in I'm always blamed by adults at least you lot give me a chance"

Llanhilleth Young Person #11 - "I just don't feel like Llan has much for teenagers"
Llanhilleth Young Person #3 - "I like Off The Streets but I think Llan is rubbish for kids"
There were quite a large portion of participants that responded that they do feel more respected and heard within their communities and Off The Streets.

Swffryd Child #8 - "I feel like Off The Streets cares about Swffryd and helps Swffryd be safer to play"

Llanhilleth Child #6 - "I like Llan because I live here, Off The Streets does things that are good for us"

Brynithel Young Person #9 - "I feel better about Bryn since Off The Streets came here, we do litter picks to keep it clean up here and I got given sweets by the people in the shop for doing a good job"

2.5 Before attending Off The Streets I felt able to access activities in my community and could access free food

Number of Participant Answers	I didn't	I kind of did	I did
SWFFRYD	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	7	3	2
11+ Years	7	4	1
Male	8	2	2
Female	6	5	1
LLANHILLETH	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	3	5	4
11+ Years	6	4	2



Male	5	6	1
Female	4	3	5
BRYNITHEL	TOTAL P	ARTICIPANTS	- 24
6-10 Years	9	2	1
11+ Years	11	1	0
Male	10	2	0
Female	10	1	1

Notable Themes (derived from comments made during questionnaire) -

Some Llanhilleth children stated that they were aware of Clwb Llan, a children's provision running within the village.

Some Swffryd children and young people stated that once a week there is a free-entry youth club at the local community centre, although any refreshments are available at a cost. They are also able to access the local park, although they commented how it isn't in great condition.

In Brynithel, children and young people commented that there were no provisions at all for them to engage in.

Brynithel Child #5 - "There's nothing to do in Brynithel only the park"
Brynithel Young Person #7 - "Before Off The Streets I didn't have anywhere to bother with my friends or get free snacks"

2.6 Since attending Off The Streets I feel able to access activities in my community and can access free food

Number of Participant Answers	I don't	I kind of do	l do
SWFFRYD	TOTAL P	ARTICIPANTS	5 - 24
6-10 Years	0	4	8
11+ Years	0	3	9
Male	0	5	7
Female	0	2	10



LLANHILLETH	TOTAL PARTICIPANTS - 24		5 - 24
6-10 Years	0	1	11
11+ Years	0	3	9
Male	0	4	8
Female	0	0	12
BRYNITHEL	TOTAL PARTICIPANTS - 24		5 - 24
6-10 Years	0	2	10
11+ Years	0	1	11
Male	0	2	10
Female	0	1	11

Notable Themes (derived from comments made during questionnaire) -

This question received zero 'I don't' responses from questionnaire participants.

Most notably all children and young people named Off The Streets as their main weekly activity provider. Some noted that they attend sports clubs of which their parents pay subscriptions in order for them to participate.

Swffryd Young Person #10 - "It's great that I can get free food and play loads of sports, the workers are fun too, they help me if I need them to"

Brynithel child #8 - "I come to Off The Streets two times a week here and sometimes I go to Llan too because I love having fun in sessions"

- 3) Children & Young people feel that they are provided with good quality youth and community activities and opportunities that encourage them to develop and grow
- **3.1** Before attending Off The Streets I felt that there were safe and accessible opportunities available to me within my community that I wanted to take part in

Number of Participant Answers	I didn't	I kind of did	I did
SWFFRYD	TOTAL F	PARTICIPANT	S - 24



11+ Years	6	5	1
Male	5	7	0
Female	4	4	4
LLANHILLETH	TOTAL PARTICIPANTS - 24		S - 24
6-10 Years	1	5	6
11+ Years	7	3	2
Male	6	4	2
Female	2	4	6
BRYNITHEL	TOTAL PARTICIPANTS - 24		S - 24
6-10 Years	7	4	1
11+ Years	2	8	2
Male	5	7	0
Female	4	5	3

Notable Themes (derived from comments made during questionnaire) -

Some children and young people noted not feeling 'safe' to engage in their community before attending Off The Streets.

Many comments from children and young people were of a common theme, which was not having any safe or accessible opportunities in their communities.

Some children in Llanhilleth have regular contact with Clwb Llan's provision and so they commented that they also felt safe at Clwb Llan.

Swffryd Young Person #1 - "I was worried about druggies hanging around it scared me"

Llanhilleth Young Person #9 - "There was nothing for me to do in Llan so I used to go to newbridge"

Brynithel Child #7 - "My mam told me I can't go out on my own yet so I'm glad I get to come to Off The Streets where I can play safe"

3.2 Since attending Off The Streets I feel that there are safe and accessible opportunities available to me within my community that I want to take part in



Number of Participant	I don't	I kind of do	I do
Answers			
SWFFRYD	TOTAL PARTICIPANTS - 24		S - 24
6-10 Years	0	3	9
11+ Years	0	4	8
Male	0	5	7
Female	0	2	10
LLANHILLETH	TOTAL PARTICIPANTS - 24		S - 24
6-10 Years	0	3	9
11+ Years	0	5	7
Male	0	4	8
Female	0	4	8
BRYNITHEL	TOTAL PARTICIPANTS - 24		S - 24
6-10 Years	0	2	10
11+ Years	0	3	9
Male	0	3	9
Female	0	2	10

Notable Themes (derived from comments made during questionnaire) -

The question received zero 'I don't' responses.

Notably, children and young people were able to identify most, sometimes all, weekly Off The Streets sessions, times and areas.

Swffryd Young Person #3 - "I can come to Off The Streets 3 times a week to different sessions and I like the stuff we do"

Llanhilleth Young Person #1 - "I know when I'm bored there's always something to do down Llan with Off The Streets. Sometimes I go to Bryn sessions as well"

Brynithel Child #15 - "Off The Streets keeps me safe and makes sure I'm having fun and I'm okay"



3.3 Before attending Off The Streets I felt that I had the chance to engage in different activities to learn and develop new skills

Number of Participant	I didn't	I kind of did	I did
Answers			
SWFFRYD	TOTAL P	TOTAL PARTICIPANTS - 24	
6-10 Years	7	3	2
11+ Years	8	1	3
Male	9	2	1
Female	6	2	4
LLANHILLETH	TOTAL PARTICIPANTS - 24		5 - 24
6-10 Years	2	3	7
11+ Years	6	4	2
Male	5	4	3
Female	3	3	6
BRYNITHEL	TOTAL PARTICIPANTS - 24		5 - 24
6-10 Years	9	2	1
11+ Years	8	4	0
Male	10	4	0
Female	7	2	1

Notable Themes (derived from comments made during questionnaire) -

Common responses from children and young people was that there was little to nothing to do within their communities.

Some children in Llanhilleth noted that they attend Clwb Llan to take part in activities and sessions.

Some young people made comments of only having school as their main provision for learning new skills.



Some young people attend organised sports clubs and so they felt that they learn and develop skills through this medium.

3.4 Since attending Off The Streets I feel that I have the chance to engage in different activities to learn and develop new skills

Number of Participant Answers	I don't	I kind of do	l do
SWFFRYD	TOTAL	PARTICIPAN	TS - 24
6-10 Years	0	3	9
11+ Years	0	2	10
Male	0	4	8
Female	0	1	11
LLANHILLETH	TOTAL PARTICIPANTS - 24		TS - 24
6-10 Years	0	2	10
11+ Years	0	4	8
Male	0	3	9
Female	0	3	9
BRYNITHEL	TOTAL PARTICIPANTS - 24		TS - 24
6-10 Years	0	3	9
11+ Years	0	2	10
Male	0	5	7
Female	0	0	12

Notable Themes (derived from comments made during questionnaire) -

As with some other questions, this question received zero 'I don't' responses from participants.



Some of our female young people commented about attending our UsGirls session in Brynithel as a session which has been prominent for their learning.

Brynithel Young Person #12 - "I love UsGirls, I made new friends and we're all like cheerleaders for each other"

Brynithel Young Person #4 - "I've learnt loads at UsGirls, we've done baking and made cool stuff"

Swffryd Child #7 - "I loved doing cooking with Off The Streets, I learnt how to cook and wash my dishes up after me"

3.5 Since attending Off The Streets I feel that I have developed new skills, or improved on those I already had

Number of Participant	I don't	I kind of do	I do
Answers			
SWFFRYD	TOTAL PA	ARTICIPANTS	- 24
6-10 Years	0	2	10
11+ Years	0	4	8
Male	0	5	7
Female	0	1	11
LLANHILLETH	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	0	0	12
11+ Years	0	3	9
Male	0	2	10
Female	0	1	11
BRYNITHEL	TOTAL PARTICIPANTS - 24		- 24
6-10 Years	0	2	10
11+ Years	0	4	8
Male	0	5	7
Female	0	1	11



Notable Themes (derived from comments made during questionnaire) -

Children and young people were supported by staff to understand this question further, in order to ensure that they acknowledged 'skills' can also mean interpersonal strengths such as Confidence, Self-Awareness, Emotional Regulations etc.

As with a few other questions responses, this question received zero 'I don't' responses from all participants.

Swffryd Young Person #9 - "You let us learn how we need to I like it because you don't rush us like in school"

Llanhilleth Child #2 - "I felt confident when I learnt to dance with Cat [Ffin Dance]" Brynithel Young Person #2 - "I know when I'm going to get angry now so I go out to chill out"

3.6 Since attending Off The Streets I feel that I have learnt, made or improved

Number of Participant Answers	
SWFFRYD	TOTAL PARTICIPANTS - 24
Child #1	I learnt how to do parkour
Child #2	I made new friends and learn about lots of sports
Child #3	I learnt about litter picking and cleaning up Swffryd
Child #4	I think I'm better at taking part
Child #5	I like how I know more about football
Child #6	I tried new food and I don't at home
Child #7	I feel more happy now
Child #8	I get out of the house lots
Child #9	I learnt skateboarding with you
Child #10	I know more how to be healthy
Child #11	I try lots of fruit now



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Child #12	I remind my friends to pick their rubbish up
Young Person #1	I've learnt that if I'm worried I can find support thank you off the streets
Young Person #2	I feel like I can play hockey proper good now
Young Person #3	I've built my confidence to do stuff
Young Person #4	I've tried loads of new things
Young Person #5	Made new friends
Young Person #6	My mam said I'm better at home now I think so too
Young Person #7	I learnt that I should pick my rubbish up more
Young Person #8	I feel more confident
Young Person #9	I think I know how to be a better person
Young Person #10	I'm better at football now
Young Person #11	I learnt lots of sports but my favourite is hockey
Young Person #12	I learnt how to cook new foods and my family liked them
LLANHILLETH	TOTAL PARTICIPANTS - 24
Child #1	I did litter picking which was fun
Child #2	I know more about football
Child #3	Making new friends
Child #4	I spend less time on my tablet
Child #5	I learnt how to play tennis
Child #6	I tried new sports
Child #7	I think I am more helpful
Child #8	I learnt to help tidy up
Child #9	I really liked learning hockey



Child #10	I go to the staff if I'm angry now
Child #11	I feel like I'm more mature
Child #12	I tried new food
Young Person #1	Learning new crafts was great
Young Person #2	I loved learning how to cook Pizza Twist
Young Person #3	I'm better at hockey now, I like it
Young Person #4	Not to swear all the time
Young Person #5	To help the younger ones in football
Young Person #6	I feel more confident
Young Person #7	I'm more respectful I think
Young Person #8	I learnt about rugby
Young Person #9	Tried cricket
Young Person #10	I talk more instead of bottling it all up
Young Person #11	I made new friends
Young Person #12	I get off my phone and actually do stuff
BRYNITHEL	TOTAL PARTICIPANTS - 24
Child #1	I learnt to play tag rugby
Child #2	I know how to play tennis now
Child #3	I made a new friend
Child #4	I play more sports
Child #5	I did cooking and I made my own chicken nuggets
Child #6	I'm good at saving goals now
Child #7	I behaved really well at the cinema trips
Child #8	I learnt a new dance with Cat (Ffin Dance)



Child #9	Better at listening
Child #10	I got lots of new friends
Child #11	I know some parkour now
Child #12	I'm more confident now
Young Person #1	I learnt how to wash dishes - I'd never done it before
Young Person #2	I feel like I can walk away when I'm angry now, you lot helped me to understand kicking off won't help me
Young Person #3	The staff taught me cricket and I feel like I'm good at it
Young Person #4	I know more about why I should get good sleep
Young Person #5	I've tried food I didn't think I would before
Young Person #6	Made a new friend
Young Person #7	Built my confidence in football
Young Person #8	I learnt new crafts
Young Person #9	I cooked on an oven for the first time
Young Person #10	I think I'm better at listening
Young Person #11	I learnt how to cook
Young Person #12	I feel like I can be calmer